



Do You Have an Exceptional Family Member (EFM)?

An EFM is a Family member, regardless of age (child or adult), with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training or counseling. The Family member must be enrolled in the Defense Enrollment Eligibility Reporting System (DEERS) to be enrolled in the EFMP. A Soldier who has a Family member who falls into any of these categories **MUST** be enrolled in the program.

What are Some Common Diagnoses that Qualify for Enrollment into the EFMP?

****NOT an all-inclusive list****

Asthma	Fragile X Syndrome
Allergies	Head Injury
ADHD/ADD	Hearing Impairment
Anxiety Disorder	HIV/AIDS
Arthritis	Liver Conditions
Autism Spectrum Disorders	Lupus
Blindness/Visual Impairment	Migraines
Bipolar Disorder	Multiple Sclerosis
Cancer	Oppositional Defiant Disorder Osteoporosis
Cardiac/Heart Conditions	Paralysis
Cerebral Palsy	Premature/High Risk Infants
Cleft Palate	Spina Bifida
Conduct Disorder	Skin Disorders
Cystic Fibrosis	Sickle Cell Disease
Depression	Spinal Cord Injury
Developmental Delays (speech, motor, cognitive)	Speech Problems/Stuttering
Diabetes	Any educationally related service (Special Ed)
Down syndrome	ANY Mental Health Condition
Endometriosis	
Epilepsy/Seizures	
Thyroid Conditions	

